

NEW HOPE COUNSELING CENTER

3237 South Cherokee Lane, Suite 1110
Woodstock, GA 30188

_____ (initial) CONFIDENTIALITY: The Health Insurance Portability and Accountability Act (HIPPA) has created new patient protections surrounding the use of protected health information. Commonly referred to as the “medical records privacy law,” HIPPA provides patient protections related to the electronic transmission of data, the keeping and use of patient records, and storage and access to health care records. HIPPA applies to all health care providers, including mental health care, and providers and health care agencies throughout the country are now required to provide patients a notification of their privacy rights as it relates to their health care records. Communications between client and counselor are confidential and will not be revealed unless required by law such as in situations of child or elderly abuse or threats of physical harm to self or others or subpoena of a court. Your counselor will be discreet if it is necessary to contact you at home or at work. If you have a specific number that is best for contact please let your counselor know.

_____ (initial) COMMUNICATION: Secure and private communication cannot be fully assured utilizing cell/smart phone or email technologies. By initialing, you are acknowledging that the use of any of these technologies to contact your counselor are considered non-secure. Any contact to your counselor by these means will be considered implied consent for your counselor to return messages via the same non- secure technology unless you present a written statement of further clarification.

_____ (initial) COUNSELING FEES: The nominal fee for counseling sessions will be determined by your individual counselor. We ask that your account be kept current and that payment be made prior to beginning each session. A charge of \$25.00 will be made for returned checks plus the amount of the unpaid session.

_____ (initial) CANCELLATION OF APPOINTMENTS: Your appointment time is important to you, to your therapist, and to others who are in need of therapy. If you must cancel your appointment, please phone your counselor and leave a message on their voicemail at least 24 hours in advance of your scheduled appointment. The fee for the session will be charged for the time reserved when cancellations are received less than 24 hours in advance, except in case of illness or emergency. You are personally responsible for this charge and all future appointments may be cancelled until this fee is paid.

_____ (initial) TELEPHONE CALLS: Should you need to contact your counselor, you may leave a message on his/her provided phone number. If your call lasts over 15 minutes in length, your counselor may ask if you would like to schedule a session or continue the telephone call for his/her nominal session fee.

_____ (initial) EMERGENCY PROCEDURES: If you have an emergency, you will need to contact either a hospital emergency room or the police depending on the situation. If you feel your life or someone else's is in danger call 911.

I have read the above information and voluntarily request counseling services at New Hope Counseling Center, and I agree with these terms and conditions*

Client's Signature _____ Date _____

*The signature of the custodial parent or guardian is required for clients under 18 years of age.

New Hope Counseling Center

NOTIFICATION OF PRIVACY RIGHTS

The Health Insurance Portability and Accountability Act (HIPAA) has created new patient protections surrounding the use of protected health information. Commonly referred to as the “medical records privacy law,” HIPAA provides patient protections related to the electronic transmission of data (“the transmission rules”), the keeping and use of patient records (“privacy rules”), and storage and access to health care records (“security rules”). HIPAA applies to all health care providers, including mental health care, and providers and health care agencies throughout the country are now required to provide patients with notification of the privacy rights as it relates to their health care records. You may have already received similar notices such as this one from your other health care providers.

As you might expect, the HIPAA law and regulations are extremely detailed and difficult to grasp if you do not have formal legal training. The **GEORGIA NOTICE FORM: What You Should Know About Confidentiality** is our attempt to inform you of your rights in a simple yet comprehensive fashion. Please read this document, as it is important you know what patient protections HIPAA affords all of us. In mental health care, confidentiality and privacy are central to the success of the therapeutic relationship, and as such, you will find we make every effort to do all we can to protect the privacy of your mental health records. If you have any questions about any of the matters discussed in this document, please do not hesitate to ask for further clarification.

By law, New Hope Counseling Center is required to secure your signature indicating you have been given the opportunity to receive a copy of the **GEORGIA NOTICE FORM: What You Should Know About Confidentiality and the handling of your confidential health information.**

I have reviewed a copy of GEORGIA NOTICE FORM: What You Should Know About Confidentiality, which provides a detailed description of the potential uses and disclosures of my protected health information, as well as my rights on these matters. I understand that I have the right to review this document and that I may, at any time, now or later, ask any questions about or seek clarification of the matters discussed in this document. Signing below indicates that I have received a copy.

Client’s Signature

Date

Signature of Parent or Guardian

Date

* The signature of the parent/guardian is required for clients under 18 years of age

New Hope Counseling Center

Contact Information

Name: _____ Birthdate: _____ Age: _____ Sex: M F

Street Address: _____

City: _____ State: _____ ZIP: _____

Marital Status: Single ____ Married ____ (# of years ____) Divorced ____ Separated ____

Previous Marriages: _____

Years of Education: _____

Religious Affiliation (if any): _____ Church (if any) _____

Email Address: _____ OK to email messages? Yes ____ No ____

Telephone: (H) _____ (C) _____ (W) _____

OK to leave telephone messages? Yes ____ No ____ OK to send texts? Yes ____ No ____

Emergency Contact: Name _____ Phone: _____

Current Situation

Briefly describe the reason you are seeking counseling:

When has the problem improved?

When has the problem worsened?

What are your goals for therapy at this time?

New Hope Counseling Center

Family

<i>Relationship</i>	<i>Name</i>	<i>Age</i>	<i>Grade in school last completed</i>	<i>Occupation</i>
Spouse				
Father				
Mother				
Siblings				
Children				

Please describe your current living situation (type of residence and with whom you live):

Occupation

Employer: _____ Length of Employment: _____

Total number of work hours per week: _____

Do you find your work particularly stressful? Yes ____ No ____

Do you find your work satisfying? Yes ____ No ____

Personal and Family History

Has anyone in your family ever suffered from any mental illness? Yes ____ No ____

If yes, please describe: _____

Have you ever been diagnosed with any mental illness? Yes ____ No ____

If yes, please describe: _____

New Hope Counseling Center

Do you have any family history of problematic substance abuse or addiction? Yes ____ No ____

If yes, please describe: _____

What is your current typical alcohol/drug use? (Ex: 2 nights/week, 1 drink/night)

Medical

Describe any physical problems you have that require medication of physical care.

Are you currently taking any prescription medications? If so, please list the name and dosage.

Who is your primary care physician, and when did you last consult him/her?

Previous Counseling Experience

Have you ever had previous counseling? If yes, please describe when, the reason for counseling, and whom you were seeing.

Referral Source

How did you find our practice or your therapist?

If referred by another person or therapist, may we thank this person for the referral?

_____ Yes _____ No

New Hope Counseling Center

Current Concerns

Using the scale below, please choose a number that reflects the extent of your current concern about the issues listed below. Please rate each item.

0	1	2	3	4	5	6	7	8	9	10
No concern				Moderate concern			Extreme concern			

- | | |
|--|--|
| <input type="checkbox"/> Abused as a child | <input type="checkbox"/> Personality Conflicts |
| <input type="checkbox"/> Aggression | <input type="checkbox"/> Physical Problems |
| <input type="checkbox"/> Anger or Temper | <input type="checkbox"/> Problems in Relationships |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Problems with Children |
| <input type="checkbox"/> Bitterness | <input type="checkbox"/> Problems with Parents |
| <input type="checkbox"/> Completing Tasks | <input type="checkbox"/> Resentment |
| <input type="checkbox"/> Concentration | <input type="checkbox"/> Sexual Concerns |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Sleep |
| <input type="checkbox"/> Difficulty in Communication | <input type="checkbox"/> Social Withdrawal |
| <input type="checkbox"/> Eating Difficulties | <input type="checkbox"/> Spiritual Concerns |
| <input type="checkbox"/> Excessive Behaviors | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Family Problems | <input type="checkbox"/> Thoughts of Hurting Yourself |
| <input type="checkbox"/> Fearfulness | <input type="checkbox"/> Thought of Suicide |
| <input type="checkbox"/> Feeling Manic | <input type="checkbox"/> Trouble Making Decisions |
| <input type="checkbox"/> Feeling Overwhelmed | <input type="checkbox"/> Unhappy Most of the Time |
| <input type="checkbox"/> Fidget Frequently | <input type="checkbox"/> Use of Alcohol |
| <input type="checkbox"/> Finances | <input type="checkbox"/> Use of Alcohol by a Family Member |
| <input type="checkbox"/> Grief or Loss | <input type="checkbox"/> Use of Drugs |
| <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Use of Drugs by a Family Member |
| <input type="checkbox"/> Irritability | <input type="checkbox"/> Work |
| <input type="checkbox"/> Isolation | <input type="checkbox"/> Worry |
| <input type="checkbox"/> Marital Problems | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Nightmares | |

New Hope Counseling Center

Please complete the following sentences.

1. The most important thing to me is _____.
2. I worry about _____.
3. What I do best is _____.
4. Sometimes I feel guilty about _____.
5. One of the things I'm angry about is _____.
6. My biggest mistakes were _____.
7. My job _____.
8. What makes me nervous is _____.
9. My personality would be better if _____.
10. I often felt that mother _____.
11. One of the things I can't forgive is _____.
12. My temper _____.
13. My childhood _____.
14. My biggest disappointment _____.
15. To me, sex is _____.
16. I would be better liked if _____.
17. I often felt that father _____.
18. My children (child) _____.
19. Women are _____.
20. What hurts me most is _____.
21. It is hard for me to admit _____.
22. Men are _____.